

SUGGESTED READING

On Divorce

The Good Divorce: Keeping Your Family Together When Your Marriage Comes Apart, Constance Ahrons, Harper Perennial (1995)

Spiritual Divorce, Divorce as a Catalyst for an Extraordinary Life, Debbie Ford, Harper San Francisco (2001)

The Divorce Handbook, James T. Friedman, Random House (1998)

Divided Families, Frank Furstenberg and Andrew J. Cherlin, Harvard University Press (1994)

Talking To Your Children About Separation and Divorce: A Handbook For Parents, Risa J. Garon, The Children of Separation and Divorce Center (1999)

Between Love and Hate: A Guide to Civilized Divorce, Lois Gold, Penguin Books, (1996)

Growing Up With Divorce, Neil Kalter, Fawcett, (1991)

Coming Apart: Why Relationships End and How to Live Through the Ending of Yours, Daphne Rose Kingma, Ballentine Books (1987)

How It Feels When Parents Divorce, Jill Kremenetz and Alfred A. Knopf (1994)

Don't Divorce Your Children, Jennifer M. Lewis, M.D. and William Sammons, M.D., Contemporary Books (1999)

Mom's House, Dad's House: Making Shared Custody Work, Isolina Ricci, Macmillan Publishing Company (1980 and later editions)

The Custody Revolution, Richard Warshak, Poseidon Press (1992)

Life After Divorce, Sharon Wegscheider-Cruse, Health Communications, Inc. (1994)

Parenting and Divorce

We're Still Family, Constance Ahrons, HarperCollins Publishers (2004)

Families Apart, Melinda Blau, Perigree (1995)

The Truth About Children and Divorce: Dealing With Emotions So You and Your Children Can Thrive, Robert E., Ph.D. Emery (2006)

The Children's Book . . . For the Sake of the Children, Stephen K. Erickson and Marilyn S. McKnight, CPI Publishing (1992)

Healing Hearts: Helping Children and Adults Recover from Divorce, Hickey and Dalton (1997)

The Unexpected Legacy of Divorce: The 25 Year Landmark Study, Julia M. Lewis, Sandra Blakeslee

Making Divorce Easier On Your Child: 50 Effective Ways to Help Children Adjust, Nicholas Long and Rex L. Forehand

What Can I Do?: A Book For Children Of Divorce, Danielle Lowry, Bonnie J. Matthews

Dividing the Child, Eleanor MacCoby and Robert H. Mnookin, Harvard University Press (1994)

Helping Your Kids Cope With Divorce the Sandcastles Way, M. Gary Neuman (1998)

101 Ways To Be a Long Distance Super-Dad – or Mom, Too! George Newman, R&E Publishers (1996)

Difficult Questions Kids Ask and Are Afraid to Ask About Divorce, Meg F. Schneider and Joan Zuckerberg, Fireside Publishers (1996)

Helping Children Cope With Divorce, Revised and Updated Edition, Edward Teyber, Jossey-Bass Publishers (2001)

What About the Kids? Raising Your Children Before, During, and After Divorce, Judith S. Wallerstein and Sandra Blakeslee, Hyperion Press (2003)

“Why Did You Have to Get a Divorce and When Can I Get A Hamster?”
Anthony E. Wolf, Noonday Press (1998)

Step Families:

Stepmotherhood, How to Survive Without Feeling Frustrated, Left Out, or Wicked, Cherie Burns, Three Rivers Press (1985)

The Truth About Step Families, Anne O'Connor

Books for Children About Divorce

My Parents Are Divorced, Too: A Book For Kids by Kids, Jan Blackstone-Ford

Dinosaurs Divorce, Marc Tolon Brown and Laurence Kransy Brown, Little Brown & Co. (1988)

Kids are Non-Divorceable: A Workbook for Divorced Parents and Their Children, by Sara Bonkowski, ACTA Publications, (1987)

Teens are Non-Divorceable: A Workbook for Divorced Parents and Their Children, by Sara Bonkowski, ACTA Publications, (1990)

Through the Eyes of Children: Healing Stories for Children of Divorce, Janet R. Johnston, Karen Breunig, Carla Garrity, Mitchell Baris, The Free Press 1997)

It's Not Your Fault, Koko Bear, Vicki Lansky, Book Peddlers (1998)

Divorce Happens to the Nicest Kids, Michael S. Prokop, Alegria House (1996)

I Don't Want to Talk About It, Jeanie Franz Ransom, Kathryn Kunz Finney

Mom and Dad Don't Live Together Anymore, Nancy Lou Reynolds and Kathy Stinson, Firefly Books (1988)

The Kids Book of Divorce, Eric Rofes, Ed. Random House (1982)

Divorce is not The End of the World, Zoe Stern and Evan Stern (2008)

Websites

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